

You Don't Say: Navigating Nonverbal Communication Between the Sexes

Audrey Nelson Ph.D., Susan K. Golant



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More than words, it's nonverbal cues that have the power to improve-or impair-our interactions with the opposite sex at home and in the workplace. In fact, 90% of communication is conveyed through unspoken behaviors-including gestures, facial expressions, eye contact, and proximity. *You Don't Say* is the first book to explore the misunderstandings that often arise between the sexes due to nonverbal communication-and to show readers how to say what they mean and get what they want. At last, they'll discover why actions speak louder than words-and what to do about it.

Features helpful tips on:

- € Achieving intimacy in marriage
- € Taking one's career to new heights
- € Getting the most out of the relationships in one's private and professional life
- € Becoming a better parent
- € Enhancing even the smallest exchanges throughout the day

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