



# The Journey Within: A Spiritual Path to Recovery

*Ruth Fishel*

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# The Journey Within: A Spiritual Path to Recovery

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## **The Journey Within: A Spiritual Path to Recovery** Ruth Fishel

*The Journey Within* will lead you from your addiction (to a substance, a person, a past or just your own self) to the place within you where healing occurs and your wounded being becomes whole and healthy. Ruth Fishel will lead you through affirmations, visualizations and meditations along the spiritual path of recovery, to the journey within, the place where miracles happen.

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