



Healing the Inner City Child: Creative Arts Therapies with At-risk Youth

Vanessa A. Camilleri

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Healing the Inner City Child presents a diverse collection of creative arts therapies approaches to meeting the specific mental health needs of inner city children, who are disproportionately likely to experience violence, crime and family pressures and are at risk of depression and behavioural disorders as a result. The contributors draw on their professional experience in school and community settings to describe a wide variety of suitable therapeutic interventions, including music, play and art therapy as well as psychodrama and dance/movement approaches, that enable children to deal with experiences of trauma, loss, abuse, and other risk factors that may affect their ability to reach their full academic and personal potentials. The contributors examine current research and psychoeducational trends and build a compelling case for the use of creative arts therapies with inner city populations. A must-read for creative arts therapists, psychologists, social workers and educators, this book offers a comprehensive overview of arts-based interventions for anyone working to improve the lives of children growing up in inner city areas.

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