



# Take the Stairs: 7 Steps to Achieving True Success

*Rory Vaden*

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## **Take the Stairs: 7 Steps to Achieving True Success** Rory Vaden

The *New York Times* bestseller that will help you get off the “escalator” and tackle the work that leads to real success

How do successful people achieve results? In short, they do it the old-fashioned way, with focus and self-discipline. Popular speaker and strategist Rory Vaden presents a simple program for “taking the stairs”—that is, resisting the temptations of “quick fixes,” eliminating distractions, and transcending personal setbacks in order to reach your goals.

Whatever your vision of success is, this proven program will help you get there—one stair at a time.

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