



# Door of Hope: Recognizing and Resolving the Pains of Your Past

*Jan Frank*

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## **Door of Hope: Recognizing and Resolving the Pains of Your Past** Jan Frank

Victims of abuse-any abuse-need to know how other people have made it through the recovery process. As a victim of incest herself, Jan Frank understands the myriad emotions that victims struggle with and offers ten proven steps toward recovery in *Door of Hope*.

A powerful story of inspiration and restoration, *Door of Hope*, is Jan's journey toward wholeness. But it is much more than a story. It is hope for other victims. And in this updated edition, Jan provides a special section featuring answers to questions most often asked by abuse victims and those who love them.

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