



# **CDC Health Information for International Travel 2014: The Yellow Book**

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Health risks are real and ever-changing, especially while traveling abroad. To stay abreast of the most up-to-date health recommendations, experienced travelers and health care professionals have always relied on CDC's user-friendly *Health Information for International Travel* (commonly known as the *The Yellow Book*) as their one indispensable guide. Updated biennially by a team of almost two hundred experts—including both CDC staff and travel medicine experts—this book is the only publication that contains all of the official government recommendations for international travel.

Clearly written and featuring full-color illustrations, the book provides easy-to-read disease risk maps, information on where to find health care during travel, advice for those traveling with infants and children, a comprehensive catalog of diseases, and detailed country-specific health warnings. For example, the section on the Caribbean lays out the recommended immunizations and examines specific health risks for travelers to the region, ranging from malaria to dengue, yellow fever, and traveler's diarrhea. But the book goes beyond the risk of disease to discuss dangers such as violent crime—fortunately, not a great danger to tourists in the area—and also to remind travelers that the single greatest cause of injury death among visitors are traffic accidents. The section on the Caribbean also notes hurricane season and outlines the risks involved in snorkeling, diving, and other water activities common to the area.

Every facet of the previous edition has been revisited and revised where necessary, including country-by-country immunization suggestions and new drug information. For the primary care clinician, the specialized travel medicine clinician, or the avid or first-time international traveler, this book is an indispensable safety net, providing readers with everything they need to know to prevent or to seek treatment for illness abroad.

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