



The Way We Eat: Why Our Food Choices Matter [Audiobook][Unabridged](Audio CD)

-Peter Singer-

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The Way We Eat: Why Our Food Choices Matter [Audiobook][Unabridged] (Audio CD) -Peter Singer- More people than ever before are paying attention to the food they buy and eat: where it comes from, how it's produced, and whether or not it was raised humanely. Singer and Mason examine the diets of three typical families to explore the impact our food choices have on the future of life on earth. They also identify six empowering ethical principles that conscientious consumers should consider when shopping for groceries or eating out. Speaking to the mainstream, their advice reflects this principle: "You can be ethical without being fanatical." A thought-provoking look at how what we eat profoundly effects all living things and the environment-and how we can make healthful, more humane food choices.

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