



# Therapeutic Modalities

*Chad Starkey PhD ATC*

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"This book is an excellent resource for students or for experienced athletic trainers, physical therapists, or medical personnel. The numerous tables and illustrations and appendixes further enhance this friendlier edition. The 'at a glance' pages give the reader a quick overview of the text for each modality. Rather than using a cookbook method, the author encourages clinicians to use their own decision-making process to apply modalities appropriately, depending on the tissue depth and type, the injury, and the goal of therapy. An easy-to-follow reference as well as a suitable textbook for students." *Rose L. Smith, PT, DPT, SCS, ATC, University of Cincinnati, Cincinnati, OH for Physical Therapy, Volume 85, No. 9, September 2005*

"**Therapeutic Modalities** is a well-written...text that balances fundamental theory with clinical application...Covering all the essential modalities, this book can serve as an introductory text for athletic training students or as a useful clinical reference...A useful addition to the athletic trainer's resource library." – *Athletic Therapy Today*

"Improvements have made this text an overall better book. The addition of case studies to the textbook allows for better discussion and simulation in lectures and labs." -- *Shawna Jordan, MSED, ATC/R, Athletic Training Program, Kansas State University, Manhattan, Kansas*

"Overall greatly improved! 'At-a-Glance' boxes are wonderful review for students and clinicians alike. End of chapter case studies are superb and allow for real-life application of concepts to clinical practice. Section Two is excellent." -- *James R. Scifers, DScPT, PT, SCS, ATC, Athletic Training Education Program, Western Carolina University, Cullowhee, North Carolina*

"[Starkey's text contains] a great deal of information without distracting the reader. I wish I would have had the opportunity to use this book in my undergrad education!" – *E.S., MA, ATC, Ripon College, Ripon, WI*

"I highly recommend this text to...students of physical therapy and athletic training." – *Journal of Orthopaedic and Sports Physical Therapy*

"Provides a comprehensive survey of the use of therapeutic modalities in the treatment of orthopaedic injuries." – *Journal of Athletic Training*

Significantly updated and redesigned, this two-color edition highlights key information in student-friendly and instructor-friendly boxes. With new improvements to organization, many added features, new illustrations and photographs, and an approachable writing style, this text meets all your classroom needs.

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