



Cardiovascular/Pulmonary Essentials: Applying the Preferred Physical Therapist Practice Patterns(SM) (Essentials in Physical Therapy)

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Cardiovascular/Pulmonary Essentials: Applying the Preferred Physical Therapist Practice Patterns(SM) answers the call to what today's physical therapy students and clinicians are looking for when integrating the *Guide to Physical Therapist Practice* as it relates to the cardiopulmonary system in clinical care.

As a part of **Essentials in Physical Therapy** led by Series Editor Dr. Marilyn Moffat, *Cardiovascular/Pulmonary Essentials: Applying the Preferred Physical Therapist Practice Pattern(SM)* is edited by Dr. Donna Frownfelter in a user-friendly format that not only brings together the conceptual frameworks of the *Guide* language, but also parallels the patterns of the *Guide*.

In each case, where appropriate, a brief review of the pertinent anatomy, physiology, pathology, pharmacology, and imaging is provided. Each pattern then details two to three diversified case studies coinciding with the *Guide* format. The physical therapist examination, including history, systems review, and specific tests and measures for each case, as well as evaluation, diagnosis, prognosis, plan of care, and evidence-based interventions are also addressed.

Sample Cases in Some of the Practice Patterns Include:

- Primary Prevention/Risk Reduction for Cardiovascular/Pulmonary Disorders: A junior high student status post hospitalization for pneumonia with personal and familial cardiovascular and pulmonary risk factors; A weekend warrior status post ACL repair with significant cardiovascular and pulmonary risk factors; A medically frail elderly female with CHF in failing health.
- Impaired Ventilation Respiration/Gas Exchange, and Aerobic Capacity / Endurance Associated with Airway Clearance Dysfunction: A child with CF exacerbation and failure to thrive; a forty year old patient with CF experiencing a pulmonary exacerbation; A patient with bronchitis and emphysema who has Organic Toxic Dust Syndrome.
- Impaired Ventilation and Respiratory/Gas Exchange Associated With Ventilatory Pump Dysfunction/Failure: A child with Duchenne Muscular Dystrophy who has acute shortness of breath with possible aspiration; A patient with Guillain Barre Syndrome, pneumonia and shortness of breath.
- Impaired Circulation and Anthropometric Dimensions Associated With Lymphatic System Disorders: A female two years status post lumpectomy and lymph node dissection for breast cancer with secondary lymphedema of her right upper extremity; A male with lower extremity lymphedema following surgery for prostate cancer.

At long last, Dr. Marilyn Moffat and Dr. Donna Frownfelter have created a book that will integrate the parameters of the *Guide*, as it relates to the cardiopulmonary system, into the practice arena, that not only covers the material but also allows for a problem-solving approach to learning for educators and students.

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