



Psychological Interventions in Mental Health Nursing

Grahame Smith

Download now

[Click here](#) if your download doesn't start automatically

Psychological Interventions in Mental Health Nursing

Grahame Smith

Psychological Interventions in Mental Health Nursing Grahame Smith

“This book provides excellent foundations in common psychological interventions that are used in mental health and other fields of nursing ... Each chapter uses a scenario, which helps to apply the concepts to the real world of providing healthcare. This is reinforced by the robust manner in which the text signposts readers to examples which they may use or test out in their day to day practice of mental health nursing.”

Paul Barber, Senior Lecturer, University of Chester, UK

“This accessible scenario based text gets to the heart of how to effectively integrate psychological values and emotional intelligence with professional, ethical and cognitive skills to develop a meaningful collaborative therapeutic relationship with mental health service users and their families.

The language, style, and format is engaging and linked to mental health field-specific competencies which all pre-registration mental health nurses must now achieve to graduate and register with the Nursing & Midwifery Council (NMC 2010).”

Linda Cooper, Professional Head Mental Health Nursing, Learning Disability and Psychosocial Care, Cardiff University, UK (former Chair Mental Health Nurse Academics UK

“This book takes you on a developmental journey of psychological interventions and provides a good grounding in the subject. It is one of few that successfully endeavours to preserve the true meaning of the service user’s experience whilst promoting the importance of clinical effectiveness and evidence base. This is an ideal text for student nurses and qualified practitioners ... and is particularly rewarding given the balance of authors from a clinical, academic and research background.”

Dr Joy A Duxbury, Head of Centre of Mental Health and Wellbeing, University of Central Lancashire, UK

“Whether you struggle with mental health as a service user, or a student embarking on a career in mental health nursing, you will find this book accessible and useful ... It provides students and health professionals from a variety of backgrounds the opportunity to advance their knowledge and skills, and offers a developing and innovative approach that will place them at the forefront of mental health practice.”

Robert Walker, Fellow Member of the Institute of Mental Health and Associate Expert for the School of Inclusion and Communities, UK

This ground-breaking and accessible book is the ideal resource for trainee and qualified mental health nurses looking for a guide to the main psychological therapies and interventions available in practice.

Framed by the Nursing and Midwifery Council’s (2010) standards for pre-registration nursing education and written by experts in the field, the book explains which interventions are most effective for each of the most common mental health disorders. It also shows you how these interventions work in practice and illustrates the skills required to use them in your own practice.

The book also:

- Provides a practical and pragmatic approach to the delivery of psychological interventions
- Promotes collaboration, effective risk management and consideration of the value-base of mental health nursing practice
- Encourages critically reflective learning through use of scenarios and interactive quizzes

- Considers the influence of policies and guidelines

Particular attention is paid to the ethical context of psychological interventions and to the use of psychological interventions by newly qualified mental health nurses. The book challenges you to question your underlying beliefs, values and assumptions.

Bursting with examples based on real practitioners' experiences, this is a must have book for pre-registration mental health nursing students and qualified mental health nurses looking to develop their therapeutic skills and understanding.

Contributors: Denise Aspinall, May Baker, Ged Carney, John Harrison, Paula Kennedy, Deborah Knott, Denise Parker, Karen Rea, James Ridley, Rebecca Rylance, Peter Simpson and Lisa Woods.

 [Download Psychological Interventions in Mental Health Nursi ...pdf](#)

 [Read Online Psychological Interventions in Mental Health Nur ...pdf](#)

Download and Read Free Online Psychological Interventions in Mental Health Nursing Grahame Smith

From reader reviews:

Terrence Kimball:

Reading a book tends to be new life style in this era globalization. With studying you can get a lot of information that could give you benefit in your life. With book everyone in this world may share their idea. Textbooks can also inspire a lot of people. A lot of author can inspire all their reader with their story or maybe their experience. Not only the story that share in the books. But also they write about the information about something that you need example of this. How to get the good score toefl, or how to teach children, there are many kinds of book which exist now. The authors on this planet always try to improve their talent in writing, they also doing some study before they write to their book. One of them is this Psychological Interventions in Mental Health Nursing.

Gladys Jackson:

You are able to spend your free time to see this book this publication. This Psychological Interventions in Mental Health Nursing is simple to create you can read it in the recreation area, in the beach, train and also soon. If you did not have much space to bring the printed book, you can buy typically the e-book. It is make you much easier to read it. You can save the book in your smart phone. And so there are a lot of benefits that you will get when one buys this book.

Phyllis Walters:

Many people spending their time frame by playing outside having friends, fun activity using family or just watching TV all day every day. You can have new activity to pay your whole day by looking at a book. Ugh, ya think reading a book really can hard because you have to use the book everywhere? It fine you can have the e-book, getting everywhere you want in your Touch screen phone. Like Psychological Interventions in Mental Health Nursing which is obtaining the e-book version. So , try out this book? Let's see.

April Hanson:

Guide is one of source of understanding. We can add our expertise from it. Not only for students but also native or citizen want book to know the change information of year in order to year. As we know those textbooks have many advantages. Beside many of us add our knowledge, also can bring us to around the world. Through the book Psychological Interventions in Mental Health Nursing we can have more advantage. Don't you to definitely be creative people? Being creative person must prefer to read a book. Just simply choose the best book that acceptable with your aim. Don't end up being doubt to change your life at this book Psychological Interventions in Mental Health Nursing. You can more appealing than now.

Download and Read Online Psychological Interventions in Mental Health Nursing Grahame Smith #PT9DCVEGNBH

Read Psychological Interventions in Mental Health Nursing by Grahame Smith for online ebook

Psychological Interventions in Mental Health Nursing by Grahame Smith Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Psychological Interventions in Mental Health Nursing by Grahame Smith books to read online.

Online Psychological Interventions in Mental Health Nursing by Grahame Smith ebook PDF download

Psychological Interventions in Mental Health Nursing by Grahame Smith Doc

Psychological Interventions in Mental Health Nursing by Grahame Smith Mobipocket

Psychological Interventions in Mental Health Nursing by Grahame Smith EPub