

Little Foodie: Baby Food Recipes for Babies and Toddlers with Taste

Michele Olivier, Sara Peternell

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A Red Tricycle 2015 Best Cookbook for Babies

This playful cookbook helps parents prepare a culinary adventure for the newest eater in the family. Baby food chef and founder of the beloved blog Baby FoodE, Michele Olivier, shows you how to raise a food lover by making delicious, healthy food for your baby and toddler—regardless of how much time you have (and how little sleep you're getting). From memorable first purees to toddler finger foods, these dishes are ones the entire family will love.

Roll up your sleeves and start thinking beyond the baby food aisle, with:

Over 100 baby food recipes designed to move your little ones from purées to solids Answers to frequently asked questions for all stages of infancy and toddlerhood The lowdown on food allergies Fun beverage pairings for the grown-ups Over 45 beautiful and enticing full-color photos

Here's what's on the menu for your little foodie:

Apple + Mint + Ricotta Purée / Fennel + Pea + Peach Purée / Pumpkin + Thyme Purée / Sesame Tofu Sticks + Peanut Sauce / Curried Egg Finger Sandwiches + Mango Chutney / Slow Cooker Chicken Tagine + Couscous / Sausage + Kale Over Creamy Polenta / DIY Toddler Sushi Bar, and more

Consider yourself warned: your child's first words might just be "More, please."

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