

# Healing is a Choice Workbook: 10 Decisions That Will Transform Your Life and the 10 Lies That Can Prevent You From Making Them

Stephen Arterburn

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It is God's choice to heal, when to heal, and how healing will occur. Sadly we often make choices that prevent God's healing or interfere with His timing. Millions suffer from emotional, spiritual, and even physical wounds that God may choose to heal. Ten common lies prevent individuals from making those choices that bring about healing.

Jesus once asked a man who had been sick for 38 years if he wanted to be healed. This workbook asks the reader the same question and enhances understanding by providing 10 choices to make on the path toward healing. This study is based on the promise of Psalm 147:3, "He heals the broken-hearted, binding up their wounds.

Engage in the process of healing. Experience emotional, spiritual, and sometimes physical healing. Transform brokenness into new life mission. Identify the big lies that prevent experiencing emotional, spiritual, and even physical healing.



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