



# **The Inner Matrix: A Guide to Transforming Your Life and Awakening Your Spirit**

*Joey Klein*

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The Inner Matrix illuminates a proven approach to living a truly rich and meaningful life – one more deeply connected to spirit. Marrying the ancient wisdom traditions of East and West with the latest science in genetics, psychology, and brain function, Klein provides a cutting-edge system to transform your life by shifting deep mental, emotional, and physical patterns that create stress and limit your success. Those engaging Klein’s Conscious Transformation™ practices routinely experience: reduced stress, increased focus, higher emotional intelligence, improved health and well-being, enhanced connection to spirit. Included is a nine-week strategy guide to assimilate the practices of Conscious Transformation™ into your daily life.

“Joey Klein has artfully bridged ancient traditions with burgeoning Western scientific and biomedical research. He shares powerful testimony and vivid examples of the benefits achieved through this intentional training.” —Michael L. Weaver, MD, Emergency Medicine Physician.

“Applying the book’s principles to my mind, emotions, and physical body, I have uncovered the profound spiritual connection I had secretly yearned for but been unable to reach. My entire experience of life has radically changed.” —Diane Breneman, JD, Nationally Recognized Trial Attorney

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