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*Thich Nhat Hanh*

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Thich Nhat Hanh is known for his warm, generous, and joyful teaching style that makes his wisdom remarkably accessible and resonant to readers from all backgrounds. These selected writings are drawn from Thich Nhat Hanh's many published works and provide a wonderful overview of his teachings. This reader covers the main themes that Thich Nhat Hanh has addressed as a Buddhist teacher: mindfulness in our daily lives, Buddhism and enlightenment, working with emotions and relationships, and transforming society (engaged Buddhism).

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