



# The Person-Centred Approach: A Contemporary Introduction

*Louise Embleton Tudor, Keemar Keemar, Keith Tudor, Joanna Valentine, Mike Worrall*

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In this essential text, the highly regarded Temenos team present a new introduction to the person-centred approach for the Twenty-first-century. Giving a broad and unbiased account, they illustrate how the approach has developed since the death of Carl Rogers and explore how the person-centred philosophy can be an effective working model for both counselling and psychotherapy and for understanding, living and working in a complex contemporary world. *The Person-Centred Approach* is essential reading for trainees, whether new to counselling or more experienced, and is a vital resource for practitioners wishing to keep at the forefront of the latest developments in the field.

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