



# Stirring the Pot: My Recipe for Getting What You Want Out of Life

*Jenny McCarthy*

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**Stirring the Pot: My Recipe for Getting What You Want Out of Life** Jenny McCarthy  
**NEW YORK TIMES BESTSELLER**

*The View* host and *New York Times* bestselling author Jenny McCarthy is like your favorite friend: honest, open, and oh-so-funny. She also speaks her mind and says what the rest of us are thinking, a characteristic that has won her millions of fans no matter how much she “stirs the pot.” Combining the secrets of her hard-won wisdom, witty observations, revealing notes to herself (including ridiculously wishful wish lists), and tales of both her best and most embarrassing moments, *Stirring the Pot* is McCarthy’s recipe for getting what you want out of life. From her wacky experiences in show business to her screwball forays into healing “therapies,” from her frontline reporting of single motherhood in midlife to a goofy attempt to reclaim her last name from Joe McCarthy, here are outrageous musings from the roller coaster life of everyone’s favorite professional blonde.

With a winning mix of storytelling, sisterly advice, sex appeal, and self-deprecation, *Stirring the Pot* shows us how a pinch of conviction (aka hardheadedness), a dollop of flexibility (being okay with Plan B or even C), and endless faith (in yourself, in your wildest fantasies, and in the general goodness of others) can mix to create the life of your dreams.

## Advance praise for *Stirring the Pot*

“Whether she’s talking about work or play, family or friendships, her sex life or the lack of it, Jenny McCarthy never fails to make me laugh out loud. Who knew she could dish out advice so well, too?”—**Andy Cohen, host of Bravo’s *Watch What Happens Live***

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