



Light on Aging and Dying: Wise Words

Helen Nearing

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A treasury of wisdom on growing old gracefully-featuring the words of Ovid, Thomas Jefferson, Walt Whitman, Elizabeth Barrett Browning, Henry James, Carlos Castenada, Annie Dillard, Anatole Broyard, and many others-compiled by the renowned coauthor of *Living the Good Life* just before her death at age 91.

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