

One New Habit To Fix Your Marriage: 10 Simple Steps To Put The Joy And Intimacy Back In Your Marriage

Grace Stevens



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Is your relationship falling victim to the 80/20 rule? Is 80 % of your emotional energy focused on the 20% of your partner's behavior that isn't perfect? While this book was designed specifically for struggling couples who are looking for relationship help to fix their marriage, the practical, simple steps that Grace Stevens outlines are good relationship habits for every couple. In this short, practical guide the author lays out 10 simple steps that you can immediately implement to improve the "tone" of your marriage. Learn how to: * reignite passion * put an end to pointless arguments * reconnect in a way that makes you feel treasured and appreciated * focus on behavior you do want from your partner * have fun with the person you love(how long since your relationship has really been fun?) * be happier in yourself, regardless of the state of your marriage (spoiler alert! Your marriage can only benefit from this!) Many people have found these simple, powerful tools have empowered them to take back control of their marriage and help them feel reconnected with their spouse in a way that has been missing for a long time. This book is quick and easy to read, and none of the strategies require a lot of time or money. Start using the simple strategies to help your relationship not only survive, but thrive by tonight!

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