



# Make it Paleo II: Over 175 New Grain-Free Recipes for the Primal Palate

*Hayley Mason, Bill Staley*

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In *Make it Paleo II*, **Hayley Mason** and **Bill Staley**, along with Hayley's talented sister, **Caitlin Nagelson**, expand their collection of published recipes with over 175 new and innovative dishes, all in their signature style: approachable cooking techniques with delectable results!

Much like the original *Make it Paleo*, this new cookbook continues the theme of transforming popular recipes into Paleo-friendly dishes. Readers will also delight in discovering recipes that are purely from the culinary imaginations of the trio. Hayley and Bill, widely known for their exquisite food photography, have created a feast for the senses as they guide their readers through various cuisines of the world. *Make it Paleo II* is a true culinary journey that includes a multitude of inventive entrees, elegant side dishes, and (of course) decadent desserts.

Recipes include:

- Lemon Blueberry Waffles
- Apple Streusel Muffins
- Thai Fried Chicken with Tangy Mango Sauce
- Lamb Barbacoa Tacos
- Ramen with Chashu and Marinated Eggs
- Roasted Chicken with Aromatic Spices
- Lobster Fettuccine Alfredo
- Stuffed Acorn Squash
- Caramelized Fennel with Sweet Potato Puree
- Dark Chocolate, Olive Oil, and Sea Salt
- Ice Cream
- Luscious Lemon Cupcakes

As always, Hayley and Bill strive to make cooking fun and inspiring for anyone following a Paleo diet, whether they are new to this way of eating or not. *Make it Paleo II* is exactly that: fun and inspiring, with recipes that will excite you about grain-free cooking and leave you feeling satisfied long after the meal is over.

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