



The Life You've Always Wanted Participant's Guide: Spiritual Disciplines for Ordinary People

John Ortberg

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In the six-session small group Bible study, *The Life You've Always Wanted*, John Ortberg guides you and your group through the spiritual disciplines and teaches you how they can transform your spiritual life.

What does true spiritual life really look like? And what keeps you from living it? What can you do to pursue it?

If you're tired of the status quo?if you suspect there's more to Christianity than what you've experienced?John Ortberg invites you to join him on a road to transformation and spiritual vigor that anyone can take.

Cultivate new intimacy and confidence in prayer. Discover the freedom of secrecy. Taste the benefits of slowing life's frenetic pace. Learn how to be guided by the Holy Spirit ... and much more.

As in a marathon, the secret lies not in trying hard, but in training consistently. Proven by followers of Jesus over the centuries, the spiritual disciplines are exercises that strengthen your endurance race on the road to growth.

This study guide is designed for use with *The Life You've Always Wanted: A DVD Study* (sold separately). When used together, they provide you with a practical tool that can grow your faith.

Sessions include:

1. It's Morphing Time
2. Slowing Down and Celebrating
3. Praying and Confessing
4. Meditating on Scripture and Seeking Guidance
5. Practicing Servanthood, Finding Freedom
6. Going the Distance with a Well-Ordered Heart

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From reader reviews:

Darren Custer:

Spent a free the perfect time to be fun activity to perform! A lot of people spent their down time with their family, or their friends. Usually they undertaking activity like watching television, likely to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your current free time/ holiday? Could be reading a book can be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to test look for book, may be the book untitled The Life You've Always Wanted Participant's Guide: Spiritual Disciplines for Ordinary People can be fine book to read. May be it can be best activity to you.

Graciela Johnson:

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Thelma Scott:

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Francis Pilkington:

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